

Is medication a good thing?

Absolutely! Think of antibiotics, vaccines, anesthetics, anti-rejection medication. We could go on, but the answer is a definite Yes. Over the years, medicine has evolved and we now have drugs to treat just about anything that ails us. So, as we age we inevitably increase the number of medications we take.

But medications can come with side effects or unwanted adverse events. That's why it's important to manage the medications we take. Recent findings have demonstrated that as we increase the number of medications we take, we also increase the risk of drug related adverse events. These include memory problems, constipation, incontinence, confusion and falls, to name a few. In fact, some medications are not even necessary and they may have been added to control the side effects associated with taking another medication.

And so, this is why AskaPharm Medication Reviews can help. We screen individual drug profiles in efforts to identify potential adverse drug events and make recommendations to help better manage the drugs you are taking.

Don't wait for something to go wrong. Get your therapeutic profile reviewed soon!



the best
medication
is the
one
we can
avoid

- Taking six or more medications increases your risk of an adverse drug event fourfold
- The odds of having an adverse drug event doubles if you have four or five medical conditions. It triples if you have six or more
- One in six hospitalizations in older adults is due to an adverse drug event. It is one in three for individuals over the age of 75 years

Source:

Pretorius RW, et al. Reducing the Risk of Adverse Drug Events in Older Adults. Am Fam Physician 2013; 87(5): 331-336